

SANTEE SIOUX NATION

CANCER PROGRAM

NEBRASKA INDIAN COMMUNITY COLLEGE

- Started meeting with the college on cancer
- Collaborating on the needs of the tribes of Nebraska
- What can we do to help the communities
- What programs where out there

NORTHERN PLAINS

- Small grants available
 - cancer support group
 - monthly newsletters on education for cancer
 - pink shawl project
 - awareness walk 1st annual in March

Cancer awareness walk

- March awareness month
- 66 participants
- 50 walkers ages 3-61
- Incentives, door prizes, meal, speakers, and t-shirts
- Speakers from hospice in Yankton SD
- Survivor from Norfolk ne. League of Human Dignity

Cancer support group

- 6 active participants all cancer survivors
- What is our goal or what do we want to do
- Survivors had a lot of issues that they were dealing with. We are there to help them heal. One of the members had just lost her husband to cancer after a long struggle. We have been meeting on a monthly basis.
- Nutritionist, wellness program (exercise)

Cancer support group

- Offering support to families and victims
- Educating the community on cancer prevention
- Prayers traditional/christian
- Health fair
- Pink shawl project

Health fair

- Educational booth on cancer
- Reached 300 members

Pink shawl project

- Designing our shawls
- Family members coming up with our own design
- Eagle feathers embroidered (support of life)
- Need to come up with a symbol for men

Youth Tobacco Camp

- Took 10 youth to Custer State Park for smoke free tobacco camp
- Provided healthy snacks
- Presentation to the youth on the tobacco use
- Difference between traditional and commercial tobacco
- Exercise and healthy eating to prevent cancer

Women health day

- October 30,08 day set for women health day at the clinic
- Educational booths
- Hpv for young women
- Looking at least 40 women coming
- Incentives, meal,

Mens Health Day

- Still in the planning stage
- Looking at June around fathers day

Gardening /preserving

- Social Services (tribal) held a family camp
- One of the topics was drying corn, preserving fresh vegetables, picking berries, showing the family the turnips, and mushrooms where and when to gather

